

> In the US, about **40% of all food** goes to waste, while almost 50 million Americans cannot access adequate nutrition

> **1 in 7 people** in New Hampshire don't know where their next meal will come from

> Since 2013, NH Gleans has rescued over **1 million pounds** of healthy fresh local produce across the Granite State

Through the act of gleaning, we nourish our neighbors, build stronger connections, and grow a deeper appreciation for our food, farms, and community

Regional Glean Partners

- Lakes Region:**
Belknap Co. Conservation District
- Merrimack County:**
Merrimack Co. Conservation District
- Hillsborough County:**
Hillsborough Co. Conservation District
- Cheshire County:**
The Community Kitchen
- Seacoast:**
Gather
- Great North Woods:**
Taproot Farm & Education Center
- Upper Valley:**
Willing Hands

For more partner information, email nhgleans@gathernh.org
For general information, visit www.NHgleans.org

Contact us today to donate, volunteer, or for further information!
bccdvolunteer@gmail.com
(603) 527-5880



Growing & Connecting a Strong Granite State



Be Part of the New Hampshire Network Connecting Local Agriculture & Hunger Relief



What is Gleaning?

Gleaning is the act of collecting excess fresh foods from farms, gardens, farmers markets, or other sources, and providing it to those in need.

Produce that is gleaned in New Hampshire goes to food pantries, soup kitchens, schools, community suppers, and the New Hampshire Food Bank.

What is NH Gleans?

NH Gleans is a network of regional organizations that recovers fresh produce from farms, gardens, and orchards, and distributes it through community agencies in order to conserve resources, avoid waste, and increase access to healthy food. Since 2015 more than 1,100,000 pounds of fresh food have been rescued.

How Does It Work?

- Farmers, gardeners, and producers donate food that cannot be brought to market, is overstocked, imperfect, or needs to be thinned
- Community members volunteer individually or with family, church, business or civic groups/clubs to harvest and/or transport produce
- Food pantries, soup kitchens, senior centers, shelters, and schools take deliveries on gleaning day

The Good Samaritan Act removes liability for food donations from donors as long as necessary food safety precautions are taken.